

Clubhouse: 905-987-0516

SEPTEMBER

2023

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	G	YOGA 5PM-5:45PM G	AQUAFIT 9:15-10AM	EUCHRE: 6:00PM	MOVIES: 6:30PM	

	PUB TRIVIA NIGHT 	Pub Trivia Night With DJ Jim FRIDAY, SEPT 29 BAR OPENS 6PM Trivia at 7pm !! Join the FUN!!		1 6:30PM MOVIE NIGHT	2
	BACK 2 SCHOOL 	4 We are Open 11am-4pm 	5 5pm-5:45pm Gentle YOGA stretch-unwind-relax 	6 9:15-10AM 	7 At 6:00PM WELCOME NEW MEMBERS
10 	11 In the Library CRAFT & CHAT 10am-12:30 ALL WELCOME	12 5pm-5:45pm Gentle YOGA stretch-unwind-relax 	13 9:15-10AM 	14 At 6:00PM WELCOME NEW MEMBERS 	15 6:30PM MOVIE NIGHT
17	18 In the Library CRAFT & CHAT 10am-12:30 ALL WELCOME	19 5pm-5:45pm Gentle YOGA stretch-unwind-relax 	20 9:15-10AM 	21 At 6:00PM WELCOME NEW MEMBERS 	22 6:30PM MOVIE NIGHT
24 	25 in the Library CRAFT & CHAT 10am-12:30 ALL WELCOME	26 5pm-5:45pm Gentle YOGA stretch-unwind-relax Afternoon Tea 	27 9:15-10AM 	28 At 6:00PM WELCOME NEW 	29 Bar Opens At 6pm, Trivia 7pm WITH DJ JIM
30					23

Monday: 9:00am- 9:00pm **GOLD MI**
 Tuesday: 9:00am- 9:00pm
 Wednesday 9:00am- 9:00pm
 Thursday: 9:00am- 9:00pm
 Friday: 9:00am- 9:00pm
 Sat/Sun: 9:00am- 6:00pm

"NON GOLD" ME
WEDNESDAY TO SUNDAY:
FITNESS ROOM USE:

COME IN WE'RE OPEN
GOLD MEMBER
 10:00AM—CLOSE
 12:00PM—CLOSE

TUESDAY, SEPTEMBER 26 @ 1:00pm



Enjoy an Apple Afternoon Tea
 Fresh Crust less Sandwiches,
 Mini Apple Tarts with
 Whipping Cream, Coffee & Tea