

2022

MAY

2022

SUNDAY	MONDAY: Yoga: 5:00pm	TUESDAY	WEDNESDAY AQUAFIT: NOON	THURSDAY Euchre 6:00pm AQUAFIT: 9AM	FRIDAY MOVIES :6:30PM	SATURDAY
1	2 CLASS 3 	3	4 <u>NO AQUAFIT</u>	5 <u>NO AQUAFIT</u>	6 7:30 –10:30PM LIVE MUSIC 	7
8	9 CLASS 4 	10	11 Class 4 12:00-12:45  Aqua Fit	12 Class 4 9– 9:45am 	13 At: 6:30pm <u>BECAUSE I SAID SO</u> 	14
15	16 CLASS 1 	17	18 Class 1 12:00-12:45  Aqua Fit	19 Class 1 9-9:45am 	20 At:6:30pm <u>INSIDE MAN</u> 	21
22	23 WE ARE OPEN 11AM—4PM 	24	25 Class 2 12:00—12:45  Aqua Fit	26 Class 2 9-9:45am 	27 \$5 Tickets On Sale:May 2 Disco Fever Party 	28
29	30 CLASS 2 	31 Afternoon Tea at 1pm Guest Speaker: Art with RO..... 	\$5 TICKETS ON SALE: MAY 1ST 		DISCO INFERNO DANCE PARTY !!! FRIDAY, MAY 27TH Bar Opens: 6pm Dancing: 7:00pm DANCE THE NIGHT AWAY.....	

GOLD MEMBERS

Monday: 9:00am— 9:00pm
 Tuesday: 9:00am— 9:00pm
 Wednesday 9:00am— 9:00pm
 Thursday: 9:00am— 9:00pm
 Friday: 9:00am— 9:00pm
 Sat/Sun: 9:00am— 6:00pm

GOLD MEMBER

WEDNESDAY TO SUNDAY: 10:00A
 FITNESS ROOM 12:00P

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JOIN US FOR OUR: Afternoon "ART "Tea ON : TUESDAY, MAY 31st at 1:00pm
 With special Guest: ART WITH RO & HIS BEAUTIFUL CREATIONS.....



Tea Begins at: 1:00pm- Tickets on sale at Reception
 FRESH Sandwiches , Scones with Jam & Cream, Coffee & Tea, Looking forward to seeing you there!!!