



2021

MARCH

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SUNDAY	MONDAY YOGA: 5:30PM	TUESDAY <b>G</b>	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1 5:30-6:15PM <b>Gentle YOGA</b> stretch·unwind·relax	2	3	4	5	6
7	8 5:30-6:15PM <b>Gentle YOGA</b> stretch·unwind·relax	9	10	11	12 Celebrate St Patrick's at the Lounge..Green Beer & Guinness ! Opens: 6:00pm	13
14	15 5:30-6:15PM <b>Gentle YOGA</b> stretch·unwind·relax	16	17	18	19	20
21	22 5:30-6:15PM Next 4 Yoga class Begins today! <b>Gentle YOGA</b> stretch·unwind·relax	23 March On... Afternoon Tea At: Noon..Get Your tickets!! 	24	25	26	27
28	29 5:30-6:15PM <b>Gentle YOGA</b> stretch·unwind·relax	30	31	 <b>Gentle YOGA</b> stretch·unwind·relax	Sign up for the Next 4 Yoga Classes that will Begin on: <b>MONDAY, MAR 22</b>  Book your spot at RECEPTION !!! Let's get fit !!!! 905-987-0516	FREE RAFFLE FOR A LOVELY SPRING BASKET    GET YOUR TICKET AT RECEPTION DRAW: APR 30TH

**GOLD MEMBERS- Clubhouse Hours**

- Monday: 9:00am— 9:00pm
- Tuesday: 9:00am— 9:00pm
- Wednesday 9:00am— 9:00pm
- Thursday: 9:00am— 9:00pm
- Friday: 9:00am— 9:00pm
- Sat/Sun: 9:00am— 6:00pm



**GOLD MEMB**

WEDNESDAY TO SUNDAY: 10:00AM—TILL CLOSE  
12:00PM—TILL CLOSE

**NON**



Get your Tickets for the  
**MARCH ON.....**  
**AFTERNOON TEA**  
**TUESDAY, MARCH 23RD**  
2 SEATINGS ( 10 PER SEATING )  
**TIMES: NOON AND 1:30PM**

ENJOY SOME TIME WITH FRIENDS  
AND SOME CHIT CHAT..... OVER  
FRESH CRUSTLESS SANDWICHES  
DELICIOUS SCONES WITH FRESH  
CREAM AND PRESERVES, COFFEE  
AND TEA.....SEE YOU THERE!!!!

**TICKETS ON SALE NOW!!!**