

















# March

## Swimming Pool and Hot Tub are OPEN!!!

The Steam Room remains **CLOSED** at this time.

Call us at: **905-987-0516**

Book Your  
**APPOINTMENT  
NOW**

| GOLD ONLY MONDAYS   | GOLD ONLY Tuesdays   | Wednesday  | Thursday   | Friday  | Saturday   | Sunday   |
|---|--|--|--|---|--|--|
| <br><b>ADULT SWIM ONLY</b>    | <br><b>ADULT SWIM ONLY</b>    | <br><b>Aqua Fit</b><br>Classes begin January 6th<br>Sign up at Reception!!!<br><br><b>ADULT SWIM ONLY</b>      | <br><b>ADULT SWIM ONLY</b>    | <br><b>ADULT SWIM ONLY</b>    | <br><b>ADULT SWIM ONLY</b>  | <br><b>ADULT SWIM ONLY</b>  |
| Adult Swim 9:15am-1:00pm  | Adult Swim 9:15am-1:00pm   | Adult Swim 9:15am-1:00pm   | Adult Swim 9:15am-1:00pm   | Adult Swim 9:15am-1:00pm  | Adult Swim 9:15am-11:30am  | Adult Swim 9:00am-11:30pm  |
| <br><b>FAMILY SWIM ONLY</b> | <br><b>FAMILY SWIM ONLY</b> | <br><b>Aqua Fit</b><br>Classes begin January 6th<br>Sign up at Reception!!!<br><br><b>FAMILY SWIM ONLY</b> | <br><b>FAMILY SWIM ONLY</b> | <br><b>FAMILY SWIM ONLY</b> | <b>FAMILY SWIM 12:15PM TO 5:30PM</b><br><br><b>FAMILY SWIM ONLY</b> | <b>FAMILY SWIM 12:15PM TO 5:30PM</b><br><br><b>FAMILY SWIM ONLY</b> |
| FAMILY SWIM 1:45PM TO 8:30PM  | FAMILY SWIM 1:45PM TO 8:30PM   | FAMILY SWIM 1:45PM TO 8:30PM   | FAMILY SWIM 1:45PM TO 8:30PM   | FAMILY SWIM 1:45PM TO 8:30PM  |  |  |

★ **MOVIE NIGHT** ★  
Admit One

The Movies have been temporarily CANCELLED until further Notice.

