



MARCH



SUNDAY	MONDAY:  Yoga: 7—7:45pm	TUESDAY 	WEDNESDAY 2020	THURSDAY EUCHRE 6:30PM AQUAFIT: 10:45AM	FRIDAY MOVIES :7:00PM	SATURDAY
1 	2 	3	4	5 	6 MOVIE: AT 7:00PM 	7 9:30-10:30am 
8	9 	10 <u>Yoga 7-7:45pm</u> Monday Yoga For Everyone! 	11	12 	13 	14 9:30-10:30am 
15 KIDS Treasure Hunt and Craft Juice & a Treat!!! Sign Up Required 	16 <u>Yoga 7-7:45pm</u> Monday Yoga For Everyone! 	17 	18 	19 NO AQ- FIT 	20 MOVIE: At 7pm 	21 9:30-10:30am 
22	23 <u>Yoga 7-7:45pm</u> Monday Yoga For Everyone! 	24	25	26 	27 MOVIE: AT 7PM 	28 9:30-10:30am 
29	30 <u>Yoga 7-7:45pm</u> Monday Yoga For Everyone! 	31 Special Afternoon Tea Featuring Dr.Amy Woollacott Chiropractor 				FAMILY SWIM 11:00AM-7:00PM March 16th to March 20th Adult Swims 9:00am-11:00am 7:00pm—8:30pm

GOLD MEMBERS- Clubhouse Hours

Monday: 9:00am— 9:00pm
 Tuesday: 9:00am— 9:00pm
 Wednesday 9:00am— 9:00pm
 Thursday: 9:00am— 9:00pm
 Friday: 9:00am— 11:00pm
 Sat/Sun: 9:00am— 6:00pm

GOLD MEMBERS:

WEDNESDAY TO SUNDAY: 10:00AM
 FITNESS ROOM 12:00PM—TILL CLOSE

NON



AFTERNOON TEA ON : TUESDAY, MARCH 31ST, 2020
FEATURING: DR.AMY WOOLLACOTT -CHIROPRACTOR

Get your Tickets for this Special Tea and learn how you can have Optimal Health, Sandwiches & Scones, Coffee & Tea, See you there!!!

Join Friends & Neighbours
 Friday, March 13TH
 St Patrick's "OPEN MIC"
 Green Beer will be served
 Also enjoy a Hearty Bowl of
 Homemade Irish Stew & Bun
 BAR OPENS AT 6:00PM!!!

